



## Evolution Dog Training Tips

### The many uses for a Kong or other stuffable toys!

Seeking a playful approach to support your dog's learning and wellness journey? The Kong toy is a versatile ally. With a few smart tips on selecting the perfect size, and learning some dog-safe treats to fill it, you'll turn this classic toy into an enrichment and relaxation powerhouse. Dive in for some quick insights and transform the way your dog plays and learns!

**Here are the top 5 expert tips to benefit from the many ways that a Kong-type toy can help your behavior and training goals:**

1. Get the right size:
  - Too small, and it becomes a serious choking hazard, they get slippery when wet and can easily slip down their throat.
  - Too big and it can be difficult for them to enjoy it.
2. Get the right toughness/color:
  - Too hard and baby or senior teeth and gums can become damaged
  - Too soft and some dogs can destroy them, which then become serious GI obstruction hazards.
3. "Fill" doesn't always mean FILL:
  - Smearing a thin layer of something healthy and sticky on the inside surface can still provide enrichment and licking fun without globs of stuffing.
  - There are many ways to mix, layer, and specifically "fill" your Kong for various uses.
  - You can choose low-calorie options or even use their food as part of the Kong filling so as not to add too many additional calories.
4. To freeze or not to freeze:
  - Some dogs enjoy the extra challenge of really having to work for the goodies inside, while some will not
  - You can add only water to your dogs' kibble and freeze as a low-calorie, allergy-free option!
5. Ways Kong can help your dog with enrichment and training:
  - Give a Kong when your dog is at the park laying on a mat to promote relaxation
  - Give a Kong in their pen before guests arrive so your pet has a positive distraction
  - Kong's are great for dogs who like to chew or bury their toys
  - Puppy Teething relief

Discover the endless possibilities of a Kong or other stuffable toy for your dog's enrichment and training! By choosing the right size and toughness, using creative and

healthy fillings, and deciding whether to freeze it, you can significantly enhance your dog's playtime and learning experience. From providing relaxation at the park to offering a positive distraction before guests arrive, the Kong toy is an excellent tool for promoting good behavior and offering teething relief for puppies. If you're eager to explore more innovative ways to use a Kong toy or are interested in a convenient monthly Kong box subscription, visit our affiliate link at [Kong Club](<https://kongclub.app/?ref=leannejames>). Dive into the world of Kong toys and watch your furry friend enjoy hours of fun and learning!

*Wishing you a paws-itively tail-wagging day!*

*Leanne, and the Evolution Dog Training Team*



Text or Call us for help: (702) 997-5462